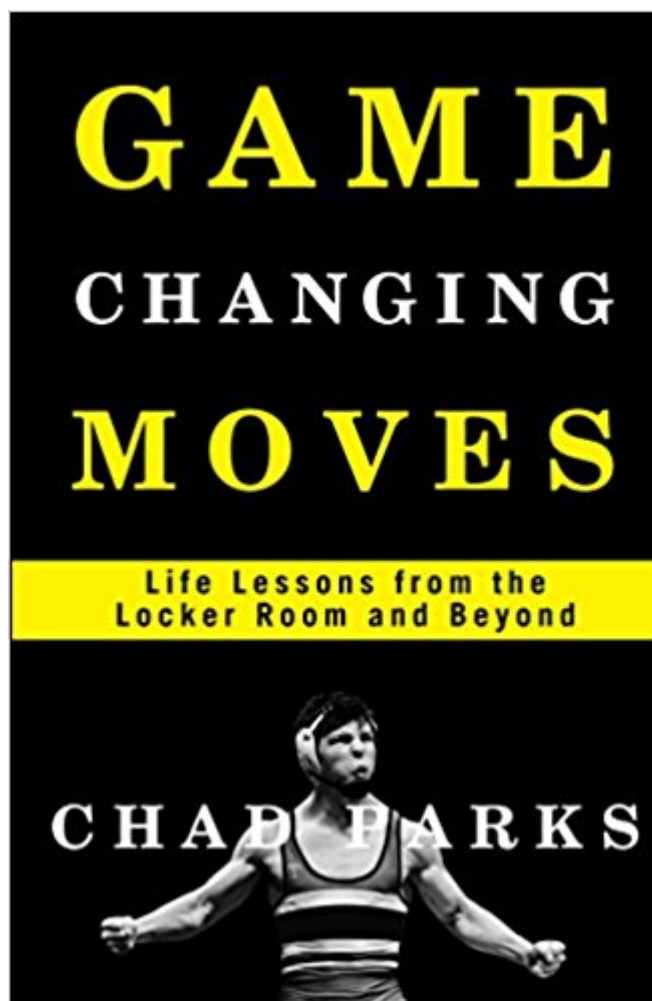




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# Game Changing Moves



## Synopsis

Life is full of ups, downs, highs and lows. It is also replete with game changing moves that can shift a situation in your favor and impact your journey. Sometimes that impact is realized immediately, and at other times the awareness comes later. Either way, game changing moves are powerful. Throughout this book, you will learn life lessons from the locker room and beyond. Chad Parks will share valuable wisdom he has acquired through sports. He provides valuable principles that will inspire and give you confidence for the road ahead so you can experience your own positive game changing moves.

## Book Information

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## Customer Reviews

Engaging. Challenging. Inspiring. Every once in a while an author comes along with truth and wisdom that transcends sports and life; Chad Parks clearly did just that with Game Changing Moves. This book will not only transform your mind, it will strengthen your soul! --Dr. Jarrod Spencer, Founder of Mind of the Athlete and author of MIND OF THE ATHLETE. Game Changing Moves is absolutely pure and transformative. Chad Parks captures the keys to be successful, not just as a wrestler or coach but also a human being. Having had success in both collegiate and international wrestling, I am often asked How do you become a champion? My new answer is to start by reading this book --Kendrick Maple, Undefeated NCAA Wrestling National Champion (2013) This brilliant book by Coach Chad Parks is the winning game plan to life. A must read for anyone looking for motivation, application and guidance for that game changing move to enhance their sports, professional, business, spiritual and personal journey. This book gives powerful,

applicable life lessons through sports, relationships, family with the ideas of discipline, trust, work, servitude, love and faith. A must read on how to be a winner and champion in the game of life.

--Mark Humble, Offensive Coordinator Coach, Southlake Carroll High School

Chad Parks is a wrestling coach, teacher and strength training specialists. He is also a renowned speaker, he has dedicated his life to inspiring others to reach their fullest potential through life in Jesus. He and his wife Laurie reside in Topeka, KS with their four children. He is involved with various ministries throughout the greater Topeka area, such as Fellowship of Christian Athletes, Young Life and Wrestlers for Christ.

I have no idea how many books I have read that fall into the category of "personal growth" over the years. But only a few stand the test to time. I would rank Chad's book, "Game Changing Moves" right up in the same category as some of John Maxwell or Andy Andrew's best books. I would sum it up by saying that there are many things that work. But only a few things work most of the time. Chad writes about the things that work most of the time. This book deserves a special spot on your book shelf with "The Traveler's Gift" and "The 21 Irrefutable Laws of Leadership". Chad opens the book with a story that does a great job of emphasizing the title of the book, "Game Changing Moves". I don't want to ruin it for you. But let's just say that he is spot on. This book will not waste a single minute of your time.

Game Changing Moves is a Life Changing Book!! Coach Chad Parks gets it as an author! The book is organized more into Topics than Chapaters. Each topic contains advice for athletes, coaches, students, teachers and parents! It also contains Bible verses that build upon the topic. There are reflective questions at the end of each topic that help you think about how to apply this Game Changing Move to your personal life, or the lives of those in your circle of influence! I've bought 14 copies already for my children, my coaches my administrators and even copies for wrestlers to read! I know I will be back for more copies and helping others with this Life Changing Book!

I know nothing about wrestling... but I do know coaching! The concepts were real and deep and spot on in this book! His writing style is engaging and interactive and is ACTION DRIVEN...love that. I have been coaching personal skills and personal growth for over 2 decades...I will recommend this to my own clients. I also run a business from home and coach others to do so as well - I am having all of my business partners get this book! Mind and Spirit growth is a GAME CHANGER! This avid

Leadership Reader gives this book 5 stars!

There is always a desperate need culturally for examples of Godly, driven, hard working and inspirational men. Chad's life is influential and gives hope to others who wish to be a great parent, spouse and leader. Game Changing Moves provides great takeaways for anyone who aspires to live a life that makes a difference.

From the foreword to the acknowledgments, this book is packed with wisdom applicable on the mat, on the football field, and in the trenches of life. I appreciated the easy-to-read chapters as well as actionable steps to apply in daily living. A must-read for athletes on and off the field of competition. An inspiring read!

I've read a lot of personal development books, that's actually all I read and listen to. This by far is the best book I have ever put my eyes on. I am so proud of him and his accomplishments. He amazes me every time I have the opportunity to see him. His dedication to his athletes, his family, and others around him surpasses anyone else I can think of. Congrats, Coach.

This book is a must read for anyone running a business, working in sales or just needs a new path to follow. To me, Game Changing Moves is about wrestling your way to success and a well lived life. I wish I had this book years ago!! I have sent copies to business partners and friends. Your in for a treat. Billy P Managing Partner ABC Supply

This book and its author capture the reader in a world of possibility. Like "Meditations" this book is a read meant to be had again and again for good measure. Chad Parks uses his own experiences as well as those he has encountered to relay a disciplined path through life resulting in positive change. It is a must read for young adults and any who wish to see/experience positive change. Get it as a gift and while you're at it pick one up for yourself.

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